

## Nail Lounge Treatments

Nail treatments include our organic Pure Fiji Products. An exotic blend of Nut Oils, Raw Cane Sugar and Flower extracts soften, moisturize, protect and heal the skin. Our stainless steel pedicure sinks do not have jets as we provide the most hygienic pedicures possible!

### Paradise Manicure \$60

Luxury Manicure! Our special blend of Essential Oils and Pineapple Sugar Scrub lightly exfoliate and hydrate your hands. Nail shaping, cuticle care, buff & polish followed by a Hot Paraffin hand treatment.

### Hot In Your Havaianas Pedicure \$85

If you're in paradise...Flip Flops are part of life! Our Pineapple Sugar Scrub will soothe and soften your feet. Hot Paraffin foot treatment and moisturizing leg massage will make your tired feet glow again. Indulge!

<b>Shellac Manicure</b>	45 min	\$50
<b>L. Spa Manicure</b>	30 min	\$35
<b>L. Spa Pedicure</b>	50 min	\$65
<b>Acrylic Full Set</b> (Tips)		\$70
<b>Acrylic Overlay</b> (Over Natural Nails)		\$60
Fill		\$50
Pink and White Fill		\$60
Add-on Shellac Color		\$15
Add-on Dazzle Dry		\$10
Add-on French Polish		\$10
Polish Change		\$20
Men's Mani/Pedi	\$35/Pedi	\$65
L. Kids Mani/Pedi	\$30/Pedi	\$45
Nail Art		\$5 and up



## Cosmetic Tattooing/Microblading

Semi-Permanent Makeup or Micropigmentation allows you to wake up beautiful!

Our Master Esthetician, trained in Europe, uses "Long Time Liner" without heavy metal pigments. Lasts up to 3 years.

*Complimentary Consultations and pricing available.*

<b>Eyebrows</b>	\$700
<b>Touch ups</b> within one year	\$250
after one year	\$400
<b>Eyeliner</b> Top or Bottom	\$500
Both	\$900
<b>Lips</b> Blush	\$800
Liner	\$500
Full (both)	\$1200
<b>Touch-ups</b> within one year	Half Price

### Lashes + Brows

Synthetic and Siberian Mink lashes offered.

<b>Lashes Full Set</b> (2 hrs)	\$300
<b>Lash Fill</b> (1 hr)	\$125
<b>Lash Partial</b> (1hr)	\$200
<b>Removal of Lashes</b>	\$50
<b>Lash Lift and Tint</b>	\$130
<b>Lash Lift or Brow Laminate</b>	\$100
<b>Lash or Brow Tint / Eyebrow Shaping &amp; Trim</b>	\$35

### Wax on Wax off!

<b>Eyebrows</b>	\$35
<b>Nose</b>	\$25
<b>Full Face</b>	\$100
<b>Lip or Chin</b>	\$30
<b>Full Leg</b>	\$140
<b>Upper, Lower Leg or Full Arm</b>	\$75
<b>Upper or Lower Arm</b>	\$55
<b>Bikini</b>	\$65
<b>Brazilian</b>	\$100
<b>Under Arm</b>	\$40
<b>Back</b>	\$100& up

Other prices upon request.

### Spa Package Ideas

Packages and Gift Cards can be created for any amount and combination of services. Our team can help you design the perfect combo for your loved one. Below are some examples.

### Charmed Life 4 Hours \$400

Blissful Stone Massage, L. Spa Signature Facial, L. Spa Manicure & Pedicure.

### Modern Modm \$500

Prenatal Massage, Reflexology, Soothing Botanical Facial & L. Spa Manicure.



### Just a few details...

#### Gift Cards

The Perfect Gift! Available in any amount, can be used for any products or services, and they never expire! Gift cards can be ordered online and printed or emailed immediately. They are also available to be purchased at the spa and gift wrapped. Please note, Spa and Boutique gift cards are now separate.

#### Reservations

A credit card is required to reserve all spa appointments. Please arrive 15 minutes before your appointment time for a stress free check in.

#### Late Arrivals

A late arrival will deprive you of your precious treatment time. Your treatment must end at its scheduled time. If you are late, we will do our best to complete as much of your treatment as possible.

#### Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule, please notify us 24 hours in advance. Any appointment cancelled with less than 24 hours notice will be **automatically charged 100% of the service price.**

#### Gratuities

Gratuities are always appreciated. We do not include gratuity with any service or package.

#### This is your "Me Time"

Please turn off cell phones. Inform our staff if you have any special needs or concerns, we want you to leave relaxed and happy!

#### Our Team

Medical Director John Fezza, M. D., Cosmetic Facial and Laser Surgery Specialist.

Our medically trained estheticians will consult with you and customize a treatment specific to your needs.

We are honored to say we were voted "Best Spa" and "Best Skin Care" by Sarasota Magazine.

**\*\*All prices are subject to change without notice.**

All time slots are approximate.

Massage License Mm #24814



**941.906.1358**

**LSpaSarasota.com**

**Monday-Friday**

**9am-6pm**

**Saturday 10am-5pm**

**556 S. Pineapple Avenue**

**Sarasota, FL 34236**

**~ ONLINE BOOKING AVAILABLE ~**

## Injectables

We offer a complete range of neurotoxins and fillers so that each guest can achieve their own customized, natural beautiful results. Complimentary Consultations are available to ensure comfort and confidence in selecting which treatments are best for you! L. Spa is a partner of Alle Rewards Program.  
*Pricing Available Upon Request.*

**Botox®, Dysport®, Daxxify** Cosmetic injections can be used to temporarily smooth away dynamic wrinkles near the eyes, like frown lines and crow's feet.  
*Results last 3-6 months.*

**Facial Fillers - Juvederm, RHA, Dysport, Restylane** Filler solutions designed to improve signs of aging by softening lines, lifting skin, adding volume and contour back to areas that have lost tone and structure.  
*Results last 1-2 years based on filler and area treated.*

**Kybella** - Injection used to improve the appearance and profile of moderate to severe fat below the chin, also known as the "double chin".

**Lip Augmentation** Injectable fillers can enhance your lips to add fullness, correct asymmetry or reshape your lip profile.

**Non-Surgical Facelift** The right combination of non-surgical aesthetic treatments can achieve results that are similar to traditional facelift surgery yet without the downtime.

### Aerolase and Optimized Puls Light

L. Spa offers both Aerolase (Era and Neo) and IPL/OPL Laser services to address concerns such as sun damage, hyperpigmentation, melasma, redness associated with Rosacea and broken capillaries, fine lines and wrinkles, stretch marks and scars and bruising.

### Laser Hair Removal

Permanent Solution to reduce hair on face, bikini, underarms, legs and more.

### B-12 / Lipotropic Combo Cocktail - \$75

Perfect combination to increase energy, and stimulate weight loss!

### Biologique Recherche - \$280 and up

L. Spa is honored to be one of the few select spas to offer services and retail products from Biologique Recherche, a renowned French luxury skincare brand. They are celebrated by aestheticians and celebrities alike for their pure, potent ingredients which utilize a high concentration of plant and biomarine extracts, free from any synthetic fragrances, to effectively target some of the most common skin concerns such as aging, dehydration and acne. For best possible results, their skincare formulas are intended to be used in harmony with their facial treatments, such as the Biologique Recherche Customized Facial, LeSoin Lissant or Biolift. L. Spa's trained Biologique Recherche experts are available to help you embark on this amazing, unique skincare journey!

## Advanced Medical Grade Skin Care

These skincare treatments are performed by highly trained aestheticians. A skin analysis and consultation will be done prior to treatment. Results best achieved with a series and proper skincare regimen.

### Micro-Needling Starts at \$450/session

Medical-grade treatment utilizing the SkinPen that creates temporary micro injuries to the skin. This results in collagen production and healing which helps improve fine lines and wrinkles, large pores, trauma and acne scarring, pigmentation, uneven texture and more! Topical numbing is applied for comfort. Minimal downtime.

#### Boost Your Microneedling with Added Serums:

Hyaluronic Acid \$450/session

Growth Factor/Exosomes/Clarifying \$950+/session

Platelet-Rich-Plasma (PRP) \$990+/session

### Aqua-Gold Micro Channeling Facial Starts at \$750/session

Also known as the "Liquid Gold" facial, Aqua-Gold is a patented micro-channeling technology, designed to deliver a custom solution of serums, vitamins and antioxidants into the skin for long lasting results. Aqua-Gold can improve signs of aging, pore size, redness, dehydration! Little to no downtime.

### PRX-T33 and BioRePeel Chemical Peels \$500/session

The results without the downtime. These powerful peels work by utilizing biostimulating technology which encourages collagen production and cellular turnover. Results can be seen instantly and will improve over the following weeks post treatment.

### Medical Microdermabrasion - \$225

This painless procedure focuses on resurfacing the skin. Refine the texture of your skin while improving the appearance of fine lines, acne scars and sun damage. *Hydro-brasion available upon request.*

### DermaGlow - \$225

Dermaplaning with superficial light peel and masque. Painless exfoliation. Radiant glow with no downtime. Ideal for normal to dry skin.

### Biologique Recherche Signature Facial- \$280

Tailored to your skin's unique needs, this facial deeply cleanses, exfoliates and hydrates, promoting cellular regeneration and a radiant complexion. The treatment enhances your skin's natural radiance, improves firmness, and leaves your complexion looking smooth, glowing and balanced.

### Biolift Facial - \$310 and up

Treatment that uses non invasive electric microcurrents to deliver immediate results with zero down time. It is praised for it's supreme lifting, sculpting and firming capabilities on all skin types.

## Customized Facial Treatments

Our award winning aestheticians offer treatments specific for your special skincare needs and proudly use products from SkinCeuticals, Revision Skincare, SkinBetter Science, Obagi and more. Below are some suggestions, but all are customizable.

### Add on to enhance any facial.

LED Light Therapy \$25

Microcurrent \$25

Masque \$25+

Acne \$50

Oxygen \$50

Dermaplane \$75

Microdermabrasion \$125

Chemical Peels *price varies*

### Soothing Botanical Facial 75 mlns -\$250

Designed to calm skin types prone to redness, rosacea and acne. LED for stimulating collagen and calming inflammation. Ideal for sensitive skin and pregnancy safe.

### Oxygen Infusion Facial 75 mins - \$200

Designed to detoxify and remove pollution and impurities that cause aging to your skin. Skin is then replenished with serums and vitamins to promote healing and hydration. Fresh oxygen and serums are infused into the skin to leave you glowing!

### Deep Pore Cleansing Facial 75 mins - \$200

Purify and clarify problematic skin prone to breakouts, blackheads and clogged pores. This facial focuses on deep cleansing and rebalancing to help heal inflamed skin. Extractions included.

### Anti-Aging Facial 60 mins - \$175

This facial utilizes corrective ingredients such as vitamins C & E and fruit enzymes that gently exfoliate and help with mild to moderate signs of aging. Fine lines and wrinkles appear smoother and skin will be left hydrated and bright.

### Hydration Facial 60 mins - \$175

This facial drenches dry and dehydrated skin with deeply hydrating ingredients. Includes light exfoliation to remove dry skin and Hyaluronic Acid infused masque to leave your skin nourished and replenished. Great for sensitive skin types!

### L. Signature Facial 50 mlns -\$150

Designed for first time clients not knowing where to start or for someone just looking to relax. This facial includes gentle cleansing and exfoliation, light extractions and a customized masque treatment.

### L. Men's Signature Facial 50 mins - \$150+

Designed for skin care concerns unique to male skin such as pore cleansing and razor bumps.

### L. Teen Facial 50 mins - \$150+

This facial helps to keep teen skin clean and clear.

## Massage

**L. Signature Relaxation Massage 50 min - \$125**  
80 min - \$170

Relax the mind and renew the body! A unique blend of Exotic Botanical Oils rapidly hydrate skin as your tension melts away under the hands of our expert massage therapist. Medium pressure applied.

**Dig In Deep 50 min - \$150**

80 min - \$200

Our therapists use special techniques to release sore muscles from pain, tension and stress. Stronger and deeper pressure applied.

**Perfect Prenatal Massage 50 min - \$150**

80 min - \$200

Curated massage for expecting mothers. Offered for second and third trimester.

**Blissful Stone Massage 50 min - \$150**

80 min - \$200

Let the warmth of hot stones release tension in hard to reach places on the body. Helps to soothe tired muscles.

**Sugar Glow & Massage 80 min - \$225**

This two-in-one treatment gently buffs away dull skin cells and unclogs pores while a nourishing blend of exotic oils restores your skin to a fresh healthy glow. (Salt may be substituted for Sugar if preferred.)

**Pure Fiji Hot Oil Scalp Massage 30 min - \$65**

Focusing warm oils on the scalp, neck and shoulders with ancient techniques from the pristine isles of Fiji.

**Reflexology 30 min - \$65**

50 min - \$125

Concentrates on hands or feet. Ancient Practice that releases blocked energy benefiting the total body.

### Add-on to any Massage:

*Cupping, Hot Stones, Lymphatic Drainage, CBD Oil and more available to add on per request.*

**Pure Figi Hot Oil Scalp massage 15 min - \$30**

Revitalize your scalp and hair with an ancient hair care secret from the pristine isles of Fiji.

**Reflexology 15 min - \$30**

Special Reflexology points with attention to pressure.

