

## Nail Lounge Treatments

Nail treatments include our organic Pure Fiji Products. An exotic blend of Nut Oils, Raw Cane Sugar and Flower extracts soften, moisturize, protect and heal the skin. Our stainless steel pedicure sinks do not have jets as we provide the most hygienic pedicures possible!

### Paradise Manicure \$60

Luxury Manicure! Our special blend of Essential Oils and Pineapple Sugar Scrub lightly exfoliate and hydrate your hands. Nail shaping, cuticle care, buff & polish followed by a Hot Paraffin hand treatment.

### Hot In Your Havaianas Pedicure \$85

If you're in paradise...Flip Flops are part of life! Our Pineapple Sugar Scrub will soothe and soften your feet. Hot Paraffin foot treatment and moisturizing leg massage will make your tired feet glow again. Indulge!

Shellac Manicure	45 min	\$50
L. Spa Manicure	30 min	\$35
L. Spa Pedicure	50 min	\$65
Express Pedicure	30 min	\$50
Honey Heel Glaze		add \$20
Acrylic Full Set (Tips)		\$70
Acrylic Overlay (Over Natural Nails)		\$60
Fill		\$50
Pink and White Fill		\$60
Paraffin Treatment (Hands or Feet)		\$30
Add-on Shellac Color		\$25
Polish Change		\$20
French Polish		add \$10
L. Kids Mani/Pedi		\$30/Pedi \$45
Nail Art		\$5 and up



## Spa Package Ideas

Spa packages and Gift Cards can be created for any amount and combination of services. The packages below are only suggested services but gift cards can be redeemed for any products or services. L. Boutique gift cards can be added or deleted from any L. Spa package!

### The Gift of Liquid "Lift" \$3800

fFiller and Botox to create an Instant Facial Rejuvenation!

### The "Bombshell" Spa & Shopping Experience Full Spa Day \$1500

First Class...livin' the life! We want you to look and feel glamorous! Start your day with a \$1000 Spa Gift Card. Enjoy your choice of our Premium Facials: Anti-aging, Deep Pore Cleansing or Hydration Facial. Add a Massage! Experience our Hot in your Havaianas Pedicure, Paradise Manicure, Personal Wardrobe Consultation and a \$500 Gift Card for shopping at L. Boutique. A Dreamy Day!

### The Glam Squad \$500

Carpet Ready...Facial, Massage, Hot in Havaianas Pedicure, Paradise Manicure, Eye Lash Tint & more!

### Charmed Life \$450

Some girls have all the luck! Hot Stone Massage, L. Spa Signature Facial, Pedicure & Shellac Manicure.

### Modern Mom \$450

One Hot Mama Massage, L. Spa Signature Facial, Pedicure & Manicure

### Project Runway \$300

L. Signature Facial & Massage.

### Man of the Hour \$300

L. Men's Signature Facial, Dig in Deep Massage.

### Retail Therapy (L. Boutique Gift Card)

Wardrobe Consultation, Glass of Champagne & L. Boutique Shopping Spree in any amount! Retail Therapy can be added to any Spa Package!

### It's a Pedi-Party 2 hour room charge \$125

You and your BFF's enjoy exclusive use of our cozy Nail Lounge! Includes a bottle of champagne for an instant party! Celebrate Birthdays, Showers, Weddings, Girls Night or Team Building! Minimum of 5 guests. \$75/per guest minimum. 20% gratuity added to bill.



## Just a few details...

### Gift Cards

The Perfect Gift! Available in any amount, can be used for any products or services, and they never expire! Gift cards can be purchased from our website anytime! Visit [www.LSpaSarasota.com](http://www.LSpaSarasota.com)

### Reservations

A credit card or gift card number is required to reserve all spa appointments. Please arrive 15 minutes before your appointment time for a stress free check in.

### Late Arrivals

A late arrival will deprive you of your precious treatment time. Your treatment must end at its scheduled time. If you are late, we will do our best to complete as much of your treatment as possible.

### Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule, please notify us 24 hours in advance. Any appointment cancelled with less than 24 hours notice will be **automatically charged 100% of the service price.**

### Gratuities

Gratuities are always appreciated. We do not include gratuity with any service or package.

### This is your "Me Time"

Please turn off cell phones. Inform our staff if you have any special needs or concerns, we want you to leave relaxed and happy!

### Our Team

Medical Director John Fezza, M. D., Cosmetic Facial and Laser Surgery Specialist. Our medically trained estheticians will consult with you and customize a treatment specific to your needs. We are honored to say we were voted "Best Spa" and "Best Skin Care" by Sarasota Magazine.

**\*\*All prices are subject to change without notice.  
All times states are approximate.**

Massage License Mm #24814



**941.906.1358**

[LSpaSarasota.com](http://LSpaSarasota.com)

Monday-Saturday  
9am-6pm

556 S. Pineapple Avenue  
Sarasota, FL 34236

~ ONLINE BOOKING AVAILABLE ~



### Advanced Medical Skin Care

At L. Spa we want you to be comfortable with your service selections. We offer Complimentary Consultations and to advise you on pricing and what treatments are right for you.

#### Injections

We offer a complete range of fillers. Including: Botox, Juvederm Voluma, Vollure, Volbella, Kybella, Restalyne, Lyft, Defyne, Refyne, Silk and Dysport.

*Pricing Available Upon Request.*

**Botox** A solution to temporarily soften expression lines and crow's feet. Proven to last up to 4 months.

**Juvederm Voluma Lift** Cheek area to correct age-related volume loss. Lasts up to 2 years.

**Juvederm Vollure Balance & Fill** Nasolabial folds/smile lines. Lasts up to 18 months.

**Juvederm Volbella Soften** Add subtle volume to lips and smooths vertical lip lines. Lasts up to 1 year.

**Juvederm Ultra Plump** Smooths the folds around the mouth and softens marionette lines. Lasts up to 1 year.

**Kybella** Improves the appearance and dissolves the submental fat (double chin) in adults.

**PRP (Platelet Rich Plasma)** Concentrated platelet injection. Rejuvenates specific problem areas by triggering the production of new cells and collagen creating a smoother appearance under eyes, around mouth and reduces acne scarring.

**Aqua Gold** \$750-\$1200

AKA "The Liquid Gold Facial." Do you want radiant skin with smaller pores and a smoother surface? A patented gold-plated, hair-fine needle system, micro channeling technology designed to painlessly and effectively deliver a custom solution of bioactive compounds into the skin.

**Clinical Micro-Needling** \$450-\$850

Collagen Induction Therapy used to reduce the appearance of fine lines, acne scars, stretch marks and overall improvement of the skin's texture, tone and pigment.

#### Laser Treatments

Laser services treat Pigmentation, Vessels, Wrinkles, Scar & Stretchmark Revision, Acne Scarring, Rosacea & Redness, Gentle Resurfacing, Bruising and Nail Fungus.

*Priced Upon Consultation.*

#### OPL Optimized Pulse Light Laser

The next generation in IPL! Age & sun damage treatment. Reduces the appearance of dark spots and pigment on your face, chest, body and hands. Vascular treatment for spider veins, rosacea & spots.

#### Laser Hair Removal

Permanently reduce hair on face, bikini, underarms and legs. Pricing available for one session or packages.

### Non-Surgical Solutions

#### For Facial Toning, & Skin Rejuvenation

We provide everything from Luxe Result-Driven Treatments to Relaxing Spa Facials. Our award winning aestheticians offer the best in the industry. Consults are complimentary. This is just a sampling of our professional services available.

Skincare Treatments and Facials Range in price from \$50-1500. Priced upon consultation.

LED Light Therapy

Microcurrent & Skin Resurfacing

Face Contouring Machine

Bio-Lift

Hydro Facial

#### Skin Care

**\*Oxygen & Hyaluronic Facial** \$200

Unparalleled hydration and that signature glow! Skin is drenched in hyaluronic serum and vitamins. Watch dryness and fine lines disappear. Discover a softer, supple complexion.

**\*Ultrasonic Deep Pore Cleanse** \$200

Deep cleanse and extractions. Clinical corrective treatment for congested pores and acne.

**\*Anti-Aging Facial** \$175

Anti-oxidant rich masque. Vitamins A, C and E help reverse signs of aging.

**\*Luxe Hydration Facial** \$175

Drench your skin with B-5 Gel mask & special serums. Nourish Dry Dehydrated skin.

**\*L. Signature Relaxation Facial** \$150

Cleanse. Light exfoliation. Masque. Hydration.

**\*Men's Facial** \$150

**\*Teen Facial** \$150

**\*Master Esthetician Request** Add \$50  
(Therapist has minimum of 10+ year's experience)

#### Peels

**TCA Peel(15%-25%)** \$250-800

Treats advanced sun damage, age spots. 5-7 days downtime.

#### Dermaplaning

Painless exfoliation. Radiant glow with no downtime.

Dermaplane with Peel (Face, Neck, Chest) \$275

Dermaplane with Mini-Facial \$200

Dermaplane Cleanse Only \$175

Dermaplane or Peel add to Specialty Facial \$75

**Medical Microdermabrasion** \$225

Add-on Facial 30 min \$125

This painless procedure focuses on resurfacing the skin. Refine the texture of your skin while improving the appearance of fine lines, acne scars and sun damage.

### Cosmetic Tattooing/Microblading

Semi-Permanent Makeup or Micropigmentation allows you to wake up beautiful!  
Lasts up to 3 years.

*Complimentary Consultations and pricing available.*

**Eyebrows** \$700 & up

#### Eyeliner

Top or Bottom \$500 & up

Both \$900

#### Eyebrow or Eyeliner Touch-ups

Within One Year \$250

#### Full Lip

Full Lip and Lip Liner Touch-ups \$800 & up  
half price

Brow Lamination \$100

Lash Lift and Tint \$130

#### Lash Extensions

Synthetic and Siberian Mink lashes offered.

Full Set (2 hrs) \$300

Fill (1 hr) \$125

Partial (1hr) \$200

Removal of Lashes \$50

#### Makeup

Eye Lash Tint \$40

Brow Tint \$35

Eyebrow Shaping & Trim \$35

Makeup Special Occasion \$125

#### Wax on Wax off!

Eyebrows \$35

Nose \$25

Full Face \$100

Lip or Chin \$30

Full Leg \$140

Upper or Lower Leg \$75

Full Arm \$75

Upper or Lower Arm \$55

Bikini \$65

Brazilian \$100

Under Arm \$40

Back \$100 & up

Other prices upon request.

#### Get your Boost!

**B-12 / Lipotropic Combo Cocktail** \$75

Perfect combination to increase energy, and stimulate weight loss!

### Massage

**L. Signature Relaxation Massage** 80 min \$170  
50 min \$125

Relax the mind and renew the body! A unique blend of Exotic Botanical Oils rapidly hydrate skin as your tension melts away under the hands of our expert massage therapist.

**Dig In Deep** 80 min \$200  
50 min \$150

Deep Tissue Massage to melt away tight areas, increase flexibility and reduce fatigue. Release tension and stress on sore muscles. Let your therapist know how deep you want to go.

**One Hot Momma!** 80 min \$200  
50 min \$150

Prenatal Massage for Mom-to-Be. You deserve it! Enjoy your "Me Time" and let us pamper you! Offered second and third trimester.

**Blissful Stone Massage** 80 min \$200  
50 min \$150

Calm and rebalance the body and mind. Warmed stones are used to massage and soothe tired

#### Add-on to any Massage:

**Reflexology** 30 min \$80  
Dreamy! Concentrates on hands or feet.

**Aromatherapy** \$20  
Choice of essential fragrant essential oil added to treatment.

### Body Treatments

**Sugar Glow & Massage** 80 min \$225

This two-in-one treatment gently buffs away dull skin cells and unclogs pores while a nourishing blend of exotic oils restores your skin to a fresh healthy glow. (Salt may be substituted for Sugar if preferred.)

